

MonaLisa Touch™ Pre- and Post-Internal Treatment Instructions

Physicians for Women of Greensboro
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It is important to follow your treatment provider's instructions before and after treatment.

Pre-Treatment Instructions

- Refrain from vaginal, sexual activity for 48 hours before treatment.
- No creams or lubricants in the vagina for 48 hours prior to treatment.
- Shower or bathe the morning of treatment, so that the area to be treated is clean.
- Ensure pubic hair around the vaginal opening is trimmed close.
- Understand and sign Consent to Treat form and Patient Questionnaire before treatment.

Post-Treatment Instructions

- Schedule follow up visits as recommended by your treatment provider.
- Refrain from vaginal sexual activity for 48 hours after treatment.
- Most patients resume normal activity as tolerated immediately after procedure.
- With **each** sexual encounter after treatment, proceed vagina entry with manual foreplay to enhance natural lubrication to monitor effectiveness of treatment(s). If natural lubrication is insufficient for intercourse, proceed with lubricant.